

St Benedict's Parish Arcadia



NINETEENTH SUNDAY IN ORDINARY TIME YEAR A

12 & 13 AUGUST 2023

PARISH Masses

Weekend:

Saturday 7:00pm Vigil

Sunday 9:00am

Sunday 10:30am

Weekday:

Mondays to Thursdays 9:30am

Fridays 6.30pm Adoration
7:00pm Mass & Confession
(Reconciliation)

Next Saturday from 9am to 10am
Adoration & Confession
(Reconciliation)

MONASTERY CHAPEL Masses

Sundays 7:00am

Daily 7:00am

Please contact Father Shansana for the following:

BAPTISMS

RECONCILIATION

FOR THE SICK

MARRIAGES

FUNERALS

Fr Shansana: 0437 884 233

ENTRANCE ANTIPHON

Look to your covenant, O Lord,
and forget not the life of your poor ones for ever.
Arise, O God, and defend your cause,
and forget not the cries of those who seek you.

SUNDAY HOLY MASS PRAYER

Almighty ever-living God,
whom, taught by the Holy Spirit,
we dare to call our Father,
bring, we pray, to perfection in our hearts
the spirit of adoption as your sons and daughters,
that we may merit to enter into the inheritance
which you have promised.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever. **Amen.**

SELF REFLECTION: INNER PEACE

Sunday's Gospel, Matthew 14:22-33

"Then Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind, he took fright and began to sink. 'Lord! Save me!' he cried. Jesus put out his hand at once and held him. 'Man of little faith,' he said 'why did you doubt?'"

Peace is not found in the absence of the storm, but in the presence of Jesus. Faith requires stepping out of the boat.

- *When I am in the middle of a storm, do I believe Jesus is there with me holding my hand?*
- *Do I keep my eyes on Jesus in the middle of a storm?*
- *Can I step out of the boat and not worry as I believe Jesus is there for me?*



PRAYER

*Dear Lord,
Thank you for always being there for me. Help me to always know that you are there even in the worst of storms in my life. Help me to overcome any fear by stepping out of the comfort of my boat, knowing you are there to catch me. Amen.*

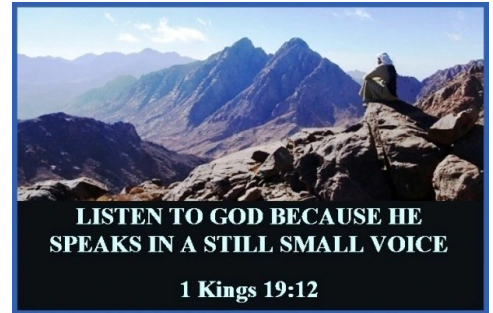
First Reading: 1 Kings 19:9, 11-13 (JB)

A reading from the first book of the Kings

Go out and stand on the mountain before the Lord God.

When Elijah reached Horeb, the mountain of God, he went into the cave and spent the night in it. Then he was told, 'Go out and stand on the mountain before the Lord.' Then the Lord himself went by. There came a mighty wind, so strong it tore the mountains and shattered the rocks before the Lord. But the Lord was not in the wind. After the wind came an earthquake. But the Lord was not in the earthquake. After the earthquake came a fire. But the Lord was not in the fire. And after the fire there came the sound of a gentle breeze. And when Elijah heard this, he covered his face with his cloak and went out and stood at the entrance of the cave.

The word of the Lord.
Thanks be to God.



Responsorial Psalm:

R. Lord, show us your mercy and love, and grant us your salvation.

Second Reading: Romans 9:1-5 (JB)

A reading from the letter of St Paul to the Romans

I would willingly be condemned if it could help my people.

What I want to say is no pretence; I say it in union with Christ - it is the truth - my conscience in union with the Holy Spirit assures me of it too. What I want to say is this: my sorrow is so great, my mental anguish so endless, I would willingly be condemned and be cut off from Christ if it could help my brothers of Israel, my own flesh and blood. They were adopted as sons, they were given the glory and the covenants; the Law and the ritual were drawn up for them, and the promises were made to them. They are descended from the patriarchs and from their flesh and blood came Christ who is above all, God for ever blessed! Amen.

The word of the Lord.
Thanks be to God.



Gospel Acclamation

Alleluia, alleluia!
 I hope in the Lord,
 I trust in his word.
 Alleluia!

GOSPEL: Matthew 14:22-33 (JB)

A reading from the holy Gospel according to Matthew

Command me to come to you over the water.

Jesus made the disciples get into the boat and go on ahead to the other side while he would send the crowds away. After sending the crowds away he went up into the hills by himself to pray. When evening came, he was there alone, while the boat, by now far out on the lake, was battling with a heavy sea, for there was a head-wind. In the fourth watch of the night he went towards them, walking on the lake, and when the disciples saw him walking on the lake they were terrified. 'It is a ghost' they said, and cried out in fear. But at once Jesus called out to them, saying 'Courage! It is I! Do not be afraid.' It was Peter who answered. 'Lord', he said 'if it is you, tell me to come to you across the water.' 'Come' said Jesus. Then Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind, he took fright and began to sink. 'Lord! Save me!' he cried. Jesus put out his hand at once and held him. 'Man of little faith,' he said 'why did you doubt?' And as they got into the boat the wind dropped. The men in the boat bowed down before him and said, 'Truly, you are the Son of God.'



The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

GOSPEL REFLECTION

Sunday, August 13

1 Kings 19:9, 11-13

Psalm 85:9-14

Romans 9:1-5

Matthew 14:22-33

Why did you doubt? (Matthew 14:31)

Isn't it interesting how doubts often pop into our head unbidden and unwanted? Peter was actually walking on water, just like Jesus. But when he took his focus off the Lord and noticed the strong wind, doubt entered his mind: *Can I really do this?* That's when he started to sink (Matthew 14:30).

"Why did you doubt?" the Lord asks Peter after rescuing him (Matthew 14:31). That's a question we might ask ourselves at times. After all, we know how doubts can paralyze us, confuse us, or even lead us away from the Lord.

And yet we are all prone to doubt. When we are suffering, we might wonder whether God loves us. If we've committed a serious sin, we might question whether God will forgive us. When we get discouraged by the evil in the world, we might doubt that God is really in control.

Doubts are a natural human response to uncertainty, so we shouldn't berate ourselves for them. Sometimes they don't even come from us; the evil one loves to plant doubts in our minds in order to shake up our faith. Whatever the case, they don't disqualify us from following Jesus. Just look at the apostle Thomas! Even a great saint like Thérèse of Lisieux struggled with doubts as she lay dying.

The key is to deal with our doubts not by focusing on them but by calling out to the Lord as Peter did: "Lord, save me!" (Matthew 14:30). And just as he did for Peter, Jesus will stretch out his hand to us. He will remind us of who he is: a loving, compassionate, merciful, and mighty God. He will help us recall all he has done for us. He will assure us that he will never leave us and that nothing will ever separate us from his love.

You don't have to try to battle your doubts on your own. Jesus has come to save you—even from your doubts!

"Lord, help me to turn to you every time I start to question my faith."

Source: Word Among Us India

LITURGICAL FEASTS AND EVENTS OF THE WEEK

AUGUST

Monday 14

Readings: Deut 10:12-22. Mt 17:22-27.

R: Praise the Lord, Jerusalem.

St Maximilian Mary Kolbe, priest, martyr.

Tuesday 15

Readings: Rev 11:19, 12:1-6, 10. Lk 1:39-56.

R: The queen stands at your right hand, arrayed in gold.

The ASSUMPTION of the BLESSED VIRGIN MARY

Wednesday 16

Readings: Deut 34:1-12. Mt 18:15-20.

R: Blessed be God who filled my soul with life!

St Stephen of Hungary.

Thursday 17

Readings: Josh 3:7-11, 13-17. Mt 18:21—19:1.

R: Alleluia!

Friday 18

Readings: Josh 24:1-13. Mt 19:3-12.

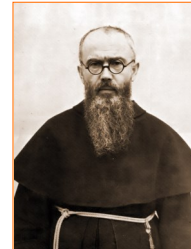
R: His love is everlasting.

Saturday 19

Readings: Josh 24:14-29. Mt 19:13-15.

R: You are my inheritance, O Lord.

St John Eudes, priest.



**SAINT
MAXIMILIAN
KOLBE**

**Feast Day:
August 14**

St. Maximilian, amidst the hate and lonely misery of Auschwitz, you brought love into the lives of fellow captives and sowed the seeds of hope amidst despair. You bore witness to the world by word and deed that "Love alone creates." Help me to become more like you. With the Church and Mary and you, may I proclaim that "Love alone creates." To the hungry and oppressed, the naked and homeless, the scorned and hated, the lonely and despairing, may I proclaim the power of Christ's love, which endures forever and ever. Amen.

Source: Ordo 2023

POPE FRANCIS' PRAYER INTENTION FOR AUGUST 2023

FOR WORLD YOUTH DAY

We pray the World Youth Day in Lisbon will help young people to live and witness the Gospel in their own lives.



THE RULE OF ST BENEDICT
Chapter 4 - To hate no man.

PARISH FUNDS

Your support as always is much appreciated. For those wanting to make payments directly to our bank account here are the details:

Bank Details for ONLINE only donations:
BSB: 062 784 Acct: 100002141
Name: Catholic Parish of Arcadia Bank:
CBA—Catholic Development Fund

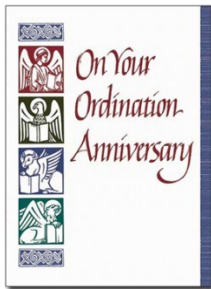
ORDINATION ANNIVERSARY

FR DAVID ORR

19 August 1972 - 51 years

On your ordination anniversary, we celebrate the remarkable journey of your priesthood and the countless lives you have touched with your compassion, wisdom, and unwavering faith.

May God continue to bless you abundantly and guide you as you shepherd His flock. Happy anniversary, dear Father David!



SACRAMENTAL PROGRAM

OUR NEXT SACRAMENTAL PROGRAM

Has now commenced with Confirmation (child must be in year 3 or above, this year).

Please keep in your prayers the children who will be receiving the sacrament of Confirmation on September 7th 2023.

In the Diocese of Broken Bay, the order of receiving of the sacraments is:

Confirmation, Reconciliation, then Eucharist.

Children are usually prepared for these sacraments in Years 3 and 4.



MASS FOR THE ASSUMPTION OF THE BLESSED VIRGIN MARY



This is a Holy Day of Obligation

TUESDAY
AUGUST 15TH 2023

MASSES
Monastery 7:00AM Parish
9:30AM & 7:00PM

Father in heaven,

*all creation rightly gives you praise,
for all life and all holiness come from you.*

*In the plan of your wisdom
she who bore the Christ in her womb
was raised body and soul in glory to be
with him in heaven.*

*May we follow her example in reflecting your holiness
and join in her hymn of endless love and praise.*

We ask this through Christ our Lord.

Amen.

WORLD YOUTH DAY PORTUGAL 2023

What an amazing time it has been for our young people to be present with the Holy Father and 1.5 million young people from all around the world. They came together to express their faith in Jesus Christ and stand united in solidarity as members of the Church who are venturing out into the world to proclaim the Good News.



In Our Parish

(please let us know if you would like someone added here)

We welcome into God's family, all who were recently baptised.

We pray for the sick of our Parish, especially Gina Volpato (John's mum), Brother Mario & Brother Terry, Koana Zouein (Rita Sarkis' mum) and Jenny Taylor.

We remember in our prayers all our dearly beloved who have died, especially Antoinette Nati, Tony Takchi, Rosaria Cali, Carmen Camilleri and Karl Maurer. May they rest in Peace.



VOLUNTEER OF THE WEEK!

Thank you to everyone who helps out our parish making it into the beautiful community we have.

For the nomination this week we would like to thank:

GEBRAN AZZI

Thank you!

Wow! You do so much for our Parish!

Thank you for the Lenten group you run every year, for the readings, for running the RCIA program for new Catholics, for the Sacramental program classes you teach, for being a catechist every Wednesday morning, for the barbecues you hold for us and everything else you do to make our parish run smoothly. God bless you for everything you do!

(Is there someone you would like to nominate? Please mention it to Fr Shansana or Paula.)

ARETÉ MISSIONARY LEADERSHIP COURSE 2024

Applications Now Open

Applications for the Foundations of Missionary Leadership Program are now open for 2024. The Foundations program equips people with the knowledge, skills, and values to become effective missionaries and leaders in their parishes and communities. Through an enriching curriculum and immersive experiences, students will gain a deeper understanding of their faith, the centrality of evangelisation, and leadership principles of ministry.

Subsidies are available from Evangelisation Broken Bay. Please contact Pina Bernard to discuss further on 0432 682 239 or pina.bernard@bbcatholic.org.au

Visit www.aretecentre.org to download a free prospectus. Places are strictly limited, so please enquire early.



MADE FOR MORE THAN THIS

DISCOVER THE ROLE YOUR SPIRITUAL GIFTS PLAY IN THE CHURCH'S MISSION

Areté CENTRE FOR MISSIONARY LEADERSHIP

ARETÉ CENTRE VIRTUAL OPEN NIGHT

 Fr Chris Ryan MSL Director Areté Centre	 Fr Simon Lobo CC Parish Priest St Benedict Halifax	 Fr Rob Galus Executive Director FBG Ministry	 Professor Renee Kubler Ryan National Head of the School of Philosophy and Theology, University of Notre Dame	 Emma Plant Manager Evangelization Brisbane
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CCC PRAYER GROUP

Prayer
Group

Prayer meeting held every
Wednesday morning: after 9.30am Mass.
Everyone welcome.

Come and meet new people and have a cuppa!
For more details call Mary Camilleri on 0403 116 987.

CATECHISTS' NEWS

To be sure, "there has been a growing awareness of the identity and mission of the laity in the Church. We can indeed count on many lay persons, although still not nearly enough, who have a deeply-rooted sense of community and great fidelity to the tasks of charity, catechesis and the celebration of the faith" (*Evangelii Gaudium*, 102). It follows that the reception of a lay ministry such as that of Catechist will emphasize even more the missionary commitment proper to every baptized person, a commitment that must however be carried out in a fully "secular" manner, avoiding any form of clericalization.

Pope Francis' Apostolic Letter 10 May 2021 Instituting the Ministry of Catechist.

Free training available for all Catechists who have completed the CCDMI training – 'Level 2 Certificate – The Church in the 3rd Millennium' – Fridays 10am – 12:15pm via Zoom, commencing 25th August. The first session will be 'Catechist Spirituality'.

To register email registrations@bbcatholic.org.au, for further information please contact me.

If you would like to learn more about being a Catechist or a helper, please talk to myself, or one of our parish Catechists or any of our priests. Training, a Teacher's Manual and workbooks are provided free.

God bless,
Miriam Brown srearcadia@gmail.com
Parish Catechist Co-ordinator



MEDITATION INTRODUCTION & RENEWAL DAY

Invitation to St Benedict's Monastery, 121 Arcadia Rd, Arcadia on **Sunday, 20th August** for our Christian Meditation Introduction and Renewal Day.

Timetable : Arrival from 10am to register for a 10:30am start, presentations, introduction to meditation, periods of meditation, Mass, information exchange, conclusion around 3pm.

Book display and morning tea provided, BYO picnic lunch.

Enquires :
Ann Lomas atlomas@bigpond.com / 9653 2637

Possible accommodation in the Monastery Guest House: Fr Michael Kelly, 0455 329 607

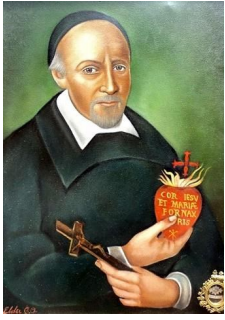
Peace,

Fr Michael Kelly
mkelly@silvestrini.org

ITALIAN ROSARY GROUP

Every Monday 2.00pm.
Everyone welcome.
For more details call Angela Egiziano.
Ph: 9653 2312.





SAINT OF THE WEEK

Saint John Eudes, Priest

Feast Day: August 19

c.1601–1680

Patron Saint of Eudists, Order of Our Lady of Charity; Diocese of Baie-Comeau; Missionaries

In France, in 1562, tensions ran high between the Catholic majority and the Protestant Calvinist minority. Calvinism was spreading and opposition was fierce. This resulted in violent clashes from 1562–1598 in the Wars of Religion. Although the wars were primarily driven by powerful noble families, many citizens got involved, leading to multiple massacres. In 1589, Henry of Navarre, a Calvinist, ascended the throne to become King Henry IV of France. Despite his Calvinist roots, Henry converted back to Catholicism to secure his reign and to establish peace. He issued the Edict of Nantes in 1598, which granted religious tolerance to Protestants, effectively ending the internal wars. Three years later, Saint John Eudes was born.

John Eudes was born in Ri, a small farming village in the Normandy region of northwestern France. The region's fertile soil produced abundant crops of wheat, barley, and fruit. John had two younger brothers and four sisters, and his parents were devout Catholics. Following John's birth, they made a pilgrimage to the Church of Notre-Dame de la Recouvrance, about 120 miles from Ri, to dedicate their son to God. Their devotion paid off, as John developed a strong Catholic faith from a young age. A story recounts that when a playmate struck ten-year-old John on the cheek, John immediately fell on his knees, turning the other cheek in obedience to the Gospel command.

After being educated by a holy priest, John made his First Communion and received Confirmation around the age of twelve. It is said that he appeared like an angel in divine ecstasy on that day. Overjoyed, he soon after made a personal vow of chastity, dedicating his life to God, just as his parents had done for him upon his birth.

As a teenager, John was sent to the larger city of Caen, about thirty miles to the north, where he was educated by the Jesuits. The Jesuits, a new and respected order, were known for their excellent teaching. In Caen, John completed his philosophical studies and deepened his devotion, particularly toward the Holy Eucharist and the Blessed Virgin Mary. His devotion was so profound that his peers referred to him as "the devout Eudes." After completing his philosophical studies, John's father wanted him to return home and settle down. However, John explained that he had dedicated his life to God and pleaded to be allowed to continue his studies. His father relented, and John returned to Caen for theological studies under the Jesuits. After completing his studies, John joined the French Oratory of Pierre de Bérulle in Paris and was ordained a priest one year later at the age of twenty-four.

The French Oratory, distinct from the Roman Oratory of Saint Philip Neri, was founded in 1611 by Cardinal Pierre de Bérulle. Given the religious wars that had ravaged France in the late sixteenth century, Cardinal Bérulle took a new approach to Calvinism, fighting not with weapons, but with sound reasoning and faith. He is recognized as one of the founders of the French School of Spirituality, a Catholic Counter-Reformation movement that fostered personal devotion. This movement, emphasizing the Incarnation and the deeply personal nature of God, shifted away from the heavy focus on doctrine common in scholasticism. Instead, it fostered an intimate devotion through love of God and personal conversion. This movement greatly appealed to Father John Eudes, and he became a strong follower and leader within it.

After his ordination in 1625, Father Eudes fell gravely ill and was bedridden for almost a year. Once he recovered, he was sent to Aubervilliers, just outside Paris, for further theological studies. In 1627, his father informed him of a plague that had broken out in a village near his hometown. Father Eudes quickly ministered to the physical and spiritual needs of the victims, particularly encouraging them to turn to their loving mother in Heaven and to rely upon her intercession. When another nearby town experienced the same plague a few years later, he did the same. This time, out of fear that he would become infected and in turn infect others in the Oratory, he lived for a time in a barrel in an open field while ministering to the sick, unconcerned for his own well-being.

In 1633, Father Eudes began earnest preaching. He preached parish missions that would sometimes last for weeks or even longer. His sermons emphasized the mercy of God, and he rallied a large number of priests to hear confessions. He himself was an effective confessor who embodied the Heart of Christ to sinners. One parish after another was gradually transformed. During his missions, he developed a deep compassion for sinners trapped in cycles of sin, particularly prostitutes. To address their needs, he founded the Order of Our Lady of Charity of the Refuge in 1641, with the assistance of three Visitation sisters. The purpose of this order was to provide spiritual and material aid to repentant prostitutes who needed help to change their ways.

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After ten years of preaching missions, Father Eudes began to notice that although people initially changed after a mission, they quickly fell back into their sins without ongoing spiritual support and guidance. To remedy this, Father Eudes turned his attention to the formation of the clergy. He realized he couldn't single-handedly evangelize and offer ongoing spiritual support to everyone, and so, in 1643, he left the Oratory and founded the Society of Jesus and Mary, later known as the Eudists. The aim of this new congregation was to provide for the formation of seminarians and parish missions. Over the next thirty years, Father Eudes founded six major seminaries in France at Caen, Coutances, Lisieux, Rouen, Évreux, and Rennes. These seminaries not only formed seminarians, but also welcomed priests for further education, formation, and retreats, and offered teachings to the laity.

Devotion was at the heart of Father Eudes' ministry, and his most enduring legacies are his promotion of devotion to the Sacred Heart of Jesus and the Holy Heart of Mary. In 1648, with the permission of the local bishop, he instituted a feast in honor of the Holy Heart of Mary, fostering a realization of the love that the Blessed Mother had for her Son and for all people. Father Eudes later composed a Mass and Office in honor of the Sacred Heart of Jesus, which he celebrated with the bishop's permission for the first time in 1670. His goal was to reveal the infinite and personal love of Christ Jesus for His people. Providentially, in 1673, a French nun and mystic, later to be a saint, named Sister Margaret Mary Alacoque began to have visions of Jesus, in which He conveyed the importance of devotion to His Sacred Heart. Among His requests, Jesus told her that He wanted the Feast of His Sacred Heart to be celebrated on the Friday after the octave of Corpus Christi, in reparation for the ingratitude of people for His Sacrifice. Thus, what Father Eudes was inspired to do in 1670, Jesus confirmed through a mystic shortly afterward. In 1856, Pope Pius IX extended this Feast to the Universal Church.

Saint John Eudes emerged as one of many saints within the Church in France during a time of spiritual renewal, using the weapons of personal devotion, prayer, adoration, frequent Communion, and Confession. Hearts were transformed, not just minds. To ensure that this renewal would be ongoing, he dedicated himself and his newly founded order to the formation of priests, providing good shepherds who emulated the Heart of Jesus to God's people. As we honor this great saint, ponder all he did but especially his devotion to the Hearts of Mary and Jesus. Their hearts reveal who they are, along with their compassion and unbounded love for us all. Run to their hearts today and always, receiving from them all that you need for your own transformation. Then dispense the infinite mercy of God to others.

Saint John Eudes, God used you for a particular moment of renewal in the history of the Church, and you responded with generosity. You were especially drawn to the Hearts of Jesus and Mary and shared those discoveries with many. Please pray for me, that I will always turn to these glorious Hearts, be transformed by them, and emulate their mercy so as to be a greater instrument of God's love for the world. Saint John Eudes, pray for me. Immaculate Heart of Mary, pray for me. Most Sacred Heart of Jesus, I trust in You.

Source: mycatholic.life

BROKEN BAY DIOCESE - PARISH VACANCIES

Three of our Diocesan parishes are seeking to recruit a permanent part-time Parish Secretary; The Lakes Parish, Lindfield/Killara and Epping & Carlingford.

The Parish Secretary role plays an important part in the Parish team, providing support for Parish communications, general & sacramental program administration, financial processes, Parish property, compliance and Diocesan support.

All three vacancies have flexibility within the working schedule for the right candidate, however the role does require a physical presence in the Parish office.

The ideal candidate will have a comprehensive knowledge and demonstrated experience with office administration as well as a sound understanding of Microsoft Office Suite of programs. As this role is often the first point of contact for the parish, well-developed communication and interpersonal skills are crucial, supported by a good understanding of, and commitment to Catholic values and teachings.

The Lakes Parish is looking for someone to work four days per week, approximately 26 hours per week, with a preference for the working schedule to be Monday to Thursday. Applications close Wednesday, 30 August 2023

Lindfield-Killara Parish is looking for someone to work three days per week, approximately 22.5 hours per week. Applications close Wednesday, 30 August 2023

Epping & Carlingford Parish is looking for someone to work 24 hours per week, with flexibility on days/hours. Applications close Friday, 1 September 2023

If this role interests you, please email a brief cover letter and CV to the relevant parish office:

The Lakes Parish: Lakesparishoffice@bbcatholic.org.au
Lindfield-Killara Parish: parishoffice@lindfieldkillara.org.au
Epping & Carlingford Parish: jim.mckeon@bbcatholic.org.au
Applications close Wednesday, 30 August 2023.




Please join us for morning tea after the 9am Mass

NEXT WEEKEND'S ROSTER

19/82023 to 20/8/2023

TWENTIETH SUNDAY IN ORDINARY TIME - YEAR A

Parish Roster

	Saturday 7pm	Sunday 9am	Sunday 10.30am
Acolyte		Paul E	Paul C
Reader1	Mary C	Judy H	Lorna B
Reader2	Margaret B	Melanie H	Eva F
Prayers	Miriam B	Rebecca R	Adam J
TV		Roderick R	Michael E
Music		Mark Q	Mark Q
Music		Pauline H	Adam F
Music		Marisa Q	Martina J
Music		Keith W	
Morning Tea		Sophie R	
 FLOWERS	Hannah A		

Thank You!

Thank you to all our volunteers, we really appreciate it!
If anyone would like to join our parish roster please contact the parish.

ACKNOWLEDGMENT

We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

SAFEGUARDING MISSION STATEMENT

We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help. These people in our parish can help:

Fr Shansana 0437 884 233 - Lorraine Dailey 0416 081 882 - Office for Safeguarding 8379 1605.

PARISH OFFICE HOURS:

Mondays & Fridays: 9.30am to 2.30pm

Parish Office: 02 9653 2312
Email: arcadia.pariah@bigpond.com

Parish Priest: Fr Shansana Samarasinghe OSB
Email: sanshanasamarasinghe@yahoo.com
After hours: 0437 884 233

Address: 2 Fagans Road, Arcadia NSW 2159
Postal address: 121 Arcadia Rd, Arcadia NSW 2159

Website: www.bbcatholic.org.au/arcadia
Facebook: [stbenedictsarcadia](https://www.facebook.com/stbenedictsarcadia)

MONASTERY: 9653 1159



BANK DETAILS for ONLINE only donations:
BSB: 062 784 Account: 100002141
Account Name: Catholic Parish of Arcadia Bank:
CBA—Catholic Development Fund

For all parish Occupational Health & Safety and Safeguarding Children matters Contact:
Lorraine Dailey on 0416 081 882.